thermomix



INGREDIENTS

Ricotta pancakes

440 g ricotta (see Tips)
190 g full cream milk
4 eggs, separated
180 g gluten free flour mix (see Tips) 1
tsp gluten free baking powder (see Tips)
1 pinch salt
50 g butter, for frying
yoghurt, to serve

USEFUL ITEMS

sealable container large bowl large non-stick frying pan plate tea towel

RICOTTA PANCAKES

∠ 5 min. 3 5 min = 6 portions

Preparation

Ricotta pancakes

- 1. Place ricotta, milk and egg yolks into mixing bowl and mix 5 sec/speed 5.
- Add flour, baking powder and salt and mix 5 sec/speed 5 until just combined. Transfer into a large bowl and set aside. Clean and dry mixing howl
- Insert butterfly whisk. Place egg whites into mixing bowl and whip 2 min/speed 4 or until stiff peaks form. Remove butterfly whisk. Fold egg whites through reserved batter in two batches.
- 4. Place a large non-stick frying pan over a medium-low heat. Place a little of the butter into frying pan and allow to melt. Place 3 x ⅓-cupfuls of batter into pan (cooking 3 pancakes at a time) and cook for approx. 3 minutes, or until just starting to set at edges. Turn pancakes and cook for a further 3-4 minutes, or until golden. Transfer onto a plate and cover to keep warm. Repeat with remaining batter (makes approx. 15 pancakes in total).

TIPS

- Pancake batter can be made in advance and stored in the refrigerator for up to 24 hours.
- For the Gluten free flour mix recipe, refer to recipe on Cookidoo®.
- To make your own Gluten free baking powder and ricotta, refer to recipes on Cookidoo®.

© Vorwerk International & Co. KmG