thermomix



MUSHROOM RISOTTO

INGREDIENTS

40 g Parmesan cheese, cut into pieces (3 cm)

1 eschalot or brown onion (30 g)

40 g butter

40 g extra virgin olive oil

320 g risotto rice (e.g. Arborio)

60 g dry white wine

1-2 tbsp Vegetable stock paste (see Tips)

250 g fresh mushrooms, cut into slices 720 g water

USEFUL ITEMS

bowl, thermal serving bowl (ThermoServer) or other large bowl

Preparation

- 1. Place Parmesan cheese into mixing bowl and grate **10 sec/speed 10**. Transfer into a bowl and set aside. Clean and dry mixing bowl.
- 2. Place eschalot or brown onion into mixing bowl and chop **3 sec/speed 5**. Scrape down sides of mixing bowl with spatula.
- 3. Add butter and extra virgin olive oil and sauté 3 min/120°C/speed 1.
- 4. Insert butterfly whisk. Add risotto rice and sauté
- 1 min/120°C/\$\\$peed 1.5, without measuring cup.
- 5. Add white wine and sauté 2 min/Varoma/ፍ/speed 1.5, without measuring cup. Scrape bottom of mixing bowl well with spatula to loosen rice.
- 6. Add Vegetable stock paste, mushrooms and water and scrape bottom of bowl with spatula again to loosen rice. Cook 13 min/100°C/♠/speed 1.5, placing simmering basket instead of measuring cup onto mixing bowl lid.
- 7. Transfer into a thermal serving bowl or other large bowl. Using spatula, combine with reserved Parmesan, cover and set aside for a few minutes to thicken, then serve.

TIPS

- Add baby spinach leaves to the bottom of the thermal serving bowl before adding in risotto.
- For the Vegetable stock paste, refer to recipe on Cookidoo®.
- For this recipe, if you don't have any butter simply use a total of 50 g extra virgin olive oil. If you don't have any olive oil in the pantry, use a total of 50 g butter.
- Rule of thumb for creating your own risotto recipe: for every 100 g risotto
 rice you will need 250 g liquids (water and wine) combined with stock paste.
 The maximum quantity of rice that can be cooked at any one time for this
 recipe is 500 g. Bear in mind adding other ingredients will add volume to
 the dish, so adjust the rice quantity accordingly.

VARIATION

• Chicken and pea risotto: omit the mushrooms. When adding stock paste,

thermomix

add 500 g skinless chicken thigh fillets, cut into pieces (3 cm) and cook 10 min/100°C/\$\speed 1.5\$, placing simmering basket instead of measuring cup onto mixing bowl lid. Then add 120 g frozen green peas and cook for a further 3 min/100°C/\$\speed 1.5\$, placing simmering basket instead of measuring cup onto mixing bowl lid. Transfer into thermal serving bowl or other large bowl. Combine with reserved Parmesan and serve immediately.