thermomix



EASY BRIOCHE (TM6, TM5, TM31)

Z 20 min. 1 hrs. 50 min. easy 12 portions

INGREDIENTS

80 g unsalted butter, softened, plus extra for greasing 30 g white sugar 330 g milk 3 tsp dried instant yeast 650 g baker's flour, plus extra for dusting

1 egg

1 tsp salt

USEFUL ITEMS

loaf tin (25 x 9 x 11 cm), baking paper, silicone bread mat, kitchen towel, large bowl, pastry brush

THERMOMIX PARTS

measuring cup

KITCHEN EQUIPMENTS

oven

Preparation

- 1. Grease and line a loaf tin (25 \times 9 \times 11 cm) with baking paper and set aside (see Tips).
- 2. Place sugar, milk and yeast into mixing bowl and heat 2 min/37°C/speed

1.

- 3. Add butter, flour, egg and salt and mix 10 sec/speed 7, then knead Dough $\sqrt[8]{3}$ min.
- 4. Transfer dough onto a silicone bread mat or a lightly floured work surface and shape into a ball. Place dough into a large bowl, cover with a kitchen towel and prove in a warm place for 30 minutes.
- 5. Preheat oven to 200°C. Place dough into prepared tin or shape as desired. Cover and allow dough to prove in a warm place for 30 minutes.
- 6. Glaze bread with an egg wash (optional see Tips) and bake for 25-30 minutes (200°C) or until golden brown. Serve warm or allow to cool completely before slicing and serving.

TIPS

- Instead of using a loaf tin, you can shape dough into a scroll, cob, plait, wreath or free form loaf. Bake on a lined baking tray as per recipe.
- To make an egg wash, whisk 1 egg with 1-2 teaspoons milk.

VARIATION

• Sweet brioche: increase sugar to 130 g and divide dough into 12 equal pieces. Shape portions into buns, then place onto prepared baking tray and bake for 20 minutes (200°C).