thermomix



2 MINUTE SORBET (TM6)

10 min.
10 min.
easy
8 portions

INGREDIENTS

180 g raw sugar, to taste (see Tips) 1 egg white

1 lemon (approx. 40 g), flesh only, no white pith and pips removed (see Tips) 300 g fresh mixed fruit, cut into pieces (3-4 cm) as needed 1000 g ice cubes

USEFUL ITEMS

no information

THERMOMIX PARTS

measuring cup, butterfly whisk, spatula

Preparation

- 1. Place sugar into mixing bowl and mill 15 sec/speed 10.
- 2. Insert butterfly whisk. Add egg white and cook 1 min/65°C/speed 4, without measuring cup. Scrape egg whites off the blades with spatula, then cook for a further 1 min/65°C/speed 4, without measuring cup. Remove butterfly whisk.
- 3. Add lemon and mixed fruit and chop 10 sec/speed 5.
- 4. Add ice cubes and start **Blend @/1 min 30 sec**, with aid of spatula, until smooth. Serve immediately.

TIPS

- If you are using ripe or sweet fruit, adjust sugar to taste.
- Instead of using lemon flesh, you can squeeze out the juice and add it in step 2.